

# **POSITION DESCRIPTION**

Position:	Hospital Outreach Post Suicidal Engagement (HOPE) Clinician	arul - Team
Directorate	Area Mental Health & Wellbeing	м
Division:	Acute Intervention Services	1
Business Unit:	Hospital Outreach Post Suicidal Engagement (HOPE)	- Park
Enterprise Agreement	VICTORIAN PUBLIC MENTAL HEALTH SERVICES ENTERPRISE AGREEMENT 2020-2024	×.
Reports to:	Manager of HOPE	



## MILDURA BASE PUBLIC HOSPITAL

Mildura Base Public Hospital (MBPH) was established as a new entity in September 2020. From day one, MBPH has aspired to provide exceptional patient care and be a leading healthcare provider in the north west of Victoria, known for its high level of professionalism, quality care and community engagement and positive and aligned workplace culture.

MBPH employs over 1200 staff and has 172 beds and provides a range of acute services in emergency, maternity, intensive care, rehabilitation, community services, psychiatric in and out patient care, palliative care, renal dialysis and chemotherapy service to the people of North West Victoria. The hospital also provides medical imaging and pathology services.

## VISION

Mildura Base Public Hospital - Providing Exceptional Care

## PURPOSE

To improve outcomes for our tri-state communicates, by creating partnerships, leading a culture and building our team to deliver sustainable services.

#### VALUES and BEHAVIOURS

All employees of the Mildura Base Public Hospital are required to uphold the HEART values of our organisation. For information on our **HEART** values and the expectations to uphold the values, please refer to **page 6** of this document.

## INCLUSION

At MBPH, we firmly believe that fostering diversity, equity, and inclusion is essential to the success of our health service, our employees, our patients, and the wider community. We wholeheartedly embrace diversity and highly value the diverse experiences of individuals from all ethnicities, faiths, ages, disabilities, cultures, languages, gender identities, sexes, and sexual orientations.

We extend a warm welcome to lesbian, gay, bisexual, transgender, gender diverse and non-binary, intersex, and queer (LGBTIQ+) individuals, inviting them to be a part of our inclusive health service.

Aligned with our HEART Values, we are dedicated to further enhancing accessibility and promoting inclusive practices across all aspects of our workplace.



## STRATEGIC OBJECTIVES

#### Our Mildura Base Public Hospital – providing exceptional care Vision Aspirational through our Sustainable in our Caring for our community Strategic Trusted in our relationships culture Services pillars Reinvesting in the community Leading a values based. Ensuring our focus is on person and its wellbeing through accountable, quality & safety Community have an sustainable models of centred care. culture. understanding of our role and We operations. Using best evidence-based confidence in our services. Continuous improvement of service achieve practice to deliver exceptional Delivering and supporting delivery and provision of care. this by... Partnering across sectors to Operating safely and efficiently with a skilled and effective workforce. shared services to improve care. strengthen our services. access to the best and right Empowering our communities Addressing our communities care to manage and improve their Being an employer of choice, shared challenges in partnership Strengthening our planning health and wellbeing. enabling our staff to be at their by applying innovative solutions. approach with the patient at the best. centre.

### **PROGRAM SUMMARY**

The Mildura Base Public Hospital (MBPH) Area Mental Health and Wellbeing Services (AMHWS) Hospital Outreach Post-Suicidal Engagement (HOPE) Program is part of Victoria's State Government's Plan to halve the suicide rate by 2025. In line with the National Mental Health and Suicide Prevention Agreement, the MBPH-AMHWS-HOPE Program will provide assertive, integrated community-based aftercare to consumers whom have presented to MBPH post suicide attempt; or are experiencing serious suicidal ideation with plan and intent.

The MBPH-AMHWS-HOPE Program operates from the ethos that assertive, integrated, person-centred clinical, psychosocial and peer support interventions are crucial in not only achieving optimum health and wellbeing, but in reducing the risk of suicide (re)attempts & completed suicides. The MBPH-AMHWS-HOPE Program also works with the consumer's chosen support network including: families, carers, friend or significant others; and to identify and build protective factors so they can better support their loved ones during this critical time.

## FEATURES OF THE ROLE

The HOPE Clinician will work in close collaboration with Mental Health Triage; Inpatient Unit; Consultation Liaison Psychiatry; Short Term Assessment and Response Team; Headspace Mildura and Mildura Local Mental Health & Wellbeing Service. The aim of the HOPE Clinician is to provide specialist assessment, care planning and assertive treatment for consumers whom have been referred post suicide attempt and/or experiencing suicidal ideation with plan & intent. The HOPE Clinician supports consumers & their carers develop a robust safety plan; in addition to providing therapeutic interventions targeted at reducing suicidality to the consumer and their carers. The HOPE Clinician may also be called upon to provide secondary consultation services (assessment & care planning) for consumers under the care of other business units within MBPH-AMHWS.

HOPE Clinicians are required to complete the Suicide Prevention Mandatory Training Program which provides a theoretical & practical framework to our model of care. Modules include: Suicide Risk: Engage, Understand & Respond (risk assessment framework); Systematic Tailored Assessment for Responding to Suicide (STARS Protocol) (psychosocial needs framework); Collaborative Assessment and Management of Suicide (CAMS) (therapeutic framework); and training relating to a range of at-risk & vulnerable populations.

#### **KEY RESPONSIBILITIES AND DUTIES**

Working under the direction of the Manager of HOPE and Consultant Psychiatrist(s):



- Conduct comprehensive specialist assessments for consumers experiencing suicidality (suicide attempt and/or suicidal ideation with plan and intent);
- Provide assertive clinical aftercare services including: assessment, care planning, psychotherapeutic intervention and throughcare support to consumers presenting post suicide attempt or experiencing significant suicidal ideation, both in the inpatient and community environments;
- Provide secondary consultation (assessment and care planning) for consumers under the care of the broader mental health service post suicide attempt and/or experiencing suicidal ideation;
- Ensure the delivery of a supportive, safe, recovery-oriented & family/carer inclusive experience for all consumers accessing MBPH-AMHWS-HOPE;
- Promote a supported decision-making model of care that will enable and support consumers to participate in & make decisions about their treatment & determine their individual path to recovery. This will in turn promote best practice & facilitate optimal communication between Clinicians, Wellbeing Support Workers, Consumers and their Families/Carer(s), leading to improved recovery outcomes.
- Provide support, information, and education to family members, carers and significant others;
- Demonstrate commitment to ongoing professional development in efficacy of broadening & keeping up to date with best-practice evidence-based suicide prevention and intervention strategies;
- Under the supervision of the Manager, participate in community awareness and education activities; and develop community resources to increase the understanding of suicide prevention, postvention and service delivery models in the community;
- Contribute to internal policy development, service development & planning, research & evaluation of the MBPH-AMHWS-HOPE in line with relevant legislation, guidelines & other frameworks;
- Demonstrate a commitment to quality & excellence in service standards by participating in activities & ongoing evaluation of clinical & other services delivered to consumers and their families/carer(s);
- Adhere to service reporting mechanisms as appropriate including gathering of data, prepare reports to demonstrate service effectiveness, participate in continuous improvement activities;
- To protect the integrity and confidentiality of information at all times;
- Other duties as directed and required.

## GENERAL RESPONSIBILITIES

Employees are required to comply with **Victorian Government's Code of Conduct**. All staff must ensure they comply with **policies, procedures** seven standard ways of work practices when carrying out their work.

Employees are responsible to take reasonable care of their own **health and safety** and the safety of others, to cooperate with the group's OH&S policies and to participate in appropriate safety education and evaluation activities. All staff are expected to participate in reporting any health, safety and wellbeing issues. All staff must adhere to the policies and procedures as set out in the hospital's **infection control** manuals.

All information concerning MBPH, its patients, clients, residents and staff should remain strictly **confidential**. Any unauthorised disclosure of such information may result in disciplinary action. As an MBPH employee, you have a responsibility to participate in and commit to ongoing **quality improvement** activities using the framework of the NSQHSS (National Safety & Quality Health Service Standards).

Any breach in compliance to any of the above general responsibilities may result in disciplinary action.

## **KEY SELECTION CRITERIA**

#### **Essential Criteria:**



- 1. Qualified and Registered/Accredited Nurse; Occupational Therapist; Psychologist or Social Worker including current registration and/or accreditation with the appropriate body.
- 2. Demonstrated knowledge & experience in the clinical care (assessment, care planning & treatment intervention); and case coordination of consumers experiencing suicidality (attempt and ideation);
- 3. Demonstrated experience of working with at-risk and vulnerable populations groups, including, but not limited to ATSI; CALD; LGBTQIA+; Youth; Disabilities; Neurodiversity and Veterans;
- 4. Ability to liaise, consult & work collaboratively with Primary & Tertiary Mental Health Professionals; Community Support Service Providers; the Lived Experience Workforce and a Consumer's chosen family/carer/support network in pursuit of achieving optimum outcomes for consumers.
- 5. Commitment to a client-centred, trauma informed, culturally sensitive & recovery-oriented practices.
- 6. Demonstrated evidence of, and commitment to continuing professional development in the areas of assessment, care-planning; psychotherapeutic intervention; and other suicide prevention strategies;
- 7. Highly developed interpersonal and communication skills, both written and verbal.
- 8. Ability to work in a multidisciplinary team, including inter/intra agency joint case work;
- 9. Demonstrated time management in workload priorities, coordinating tasks & working to deadlines.
- 10. Computer literacy skills, including the use of various computer programs such as the Microsoft Office Suite and client management systems.

#### MANDATORY REQUIREMENTS

#### **National Police Record Check**

A current and satisfactory National Police Record Check must be presented to the Division of People and Culture by all new staff prior to commencement at Mildura Base Public Hospital.

#### Working with Children Check

Mildura Base Public Hospital has a responsibility to provide a child safe environment. This position is a defined "child-related role" at Mildura Base Public Hospital. As such you must maintain a valid working with children check. In addition, you will be required to assist Mildura Base Public Hospital in providing a child safe environment by participating in any training or reporting required to ensure the protection of children in our care.

#### **Immunisation Requirements**

As part of your employment conditions, you will be asked to provide documented evidence of healthcare worker immunisation or immunity to communicable vaccine-preventable diseases prior to commencing employment with MBPH. If you do not provide satisfactory evidence that you have the required immunisation and you have commenced employment, consideration will be given to your ongoing employment and termination may result.

#### **Drivers Licence**

A current Victorian driver's licence is required for this position

All Mildura Base Public Hospital sites, workplaces and vehicles are smoke free.



This position description is intended to describe the general nature and level of work that is to be performed by the person appointed to the role. It is not intended to be an exhaustive list of all responsibilities, duties and skills required. Any elements of this document may be changed at Mildura Base Public Hospital's discretion and activities may be added, removed or amended at any time.

## ACKNOWLEDGEMENT BY EMPLOYEE

I acknowledge having received and read the content of this position description (including but not limited to aspects of the role contained within) and understand the requirements of the position.

Employee Name: \_\_\_\_

Employee Signature: \_\_\_\_\_

Date: \_\_\_\_\_