

MBPH ALLIED HEALTH OUTPATIENT SERVICES

Physiotherapy



What are Physiotherapy Services?

Physiotherapists assist people in managing a variety of health conditions. This involves listening to the person's story to understand their issue and helping them set goals to recover. The Physiotherapist will help them to create an individualised management plan.

Exercise and movement interventions are commonly prescribed to improve many health conditions. Physiotherapists also provide specific education to help people to better understand their situation, putting people in control of their own recovery.

Services provided

- ✓ Inpatient services
- ✓ Outpatient services
- ✓ Hydrotherapy
- ✓ Rehabilitation in the Home
- ✓ Cardiac and Pulmonary Rehabilitation
- ✓ Transition Care Program

Clients are generally referred prior to discharge from hospital or by their treating doctor, Physiotherapist or Occupational Therapist.

Anyone can make a referral. However, if you or your family are referring, we will ask your GP to provide some medical information to ensure we can treat you safely.

Key issues treated

- ✓ Post-surgical
- ✓ Neurological conditions
- ✓ Cardiorespiratory conditions
- ✓ Musculoskeletal injuries
- ✓ Persisting (chronic) pain

COMMUNITY SERVICES

 **(03) 5022 3250**

Monday to Friday | 8am-4.30pm