

### STUDENT REGISTERED NURSE PRECEPTOR LOGBOOK TWO WEEKS

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### ANSAT – Australian Nursing Standards Assessment Tool

This tool guides preceptors in completing your clinical assessment tool accurately.

Scale	Definition	Examples
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1	Expected behaviours and practices not performed	<ul> <li>Unsatisfactory</li> <li>Unsafe</li> <li>Continuous verbal &amp;/or physical direction required</li> <li>Not achieving minimum acceptable level of performance for the expected level of practice.</li> </ul>
2	Expected behaviours and practices performed below the acceptable/satisfactory standard	<ul> <li>Not yet satisfactory</li> <li>Demonstrates behaviours inconsistently</li> <li>Needs guidance to be safe</li> <li>Continuous verbal&amp;/or physical direction required</li> </ul>
This is the passing standard	Expected behaviours and practices performed at a satisfactory/pass standard	<ul> <li>Demonstrates behaviours consistently to a satisfactory and safe standard</li> <li>Occasional supportive cues required - as appropriate for year level</li> <li>The student has met this standard regardless of their experience, place in the course or length of the placement.</li> </ul>
4	Expected behaviours and practices performed at a proficient standard	<ul> <li>The student is comfortable and performs - above the minimum passing standard</li> <li>Practice performed at a safe standard</li> <li>Infrequent supportive cues required</li> <li>The student's performance is consistent, reliable and confident.</li> </ul>
5	Expected behaviours and practices performed at an excellent standard	<ul> <li>Demonstrates most behaviours for the item well above minimum passing standard.</li> <li>Demonstrates greater independences in practice with safety a high priority</li> <li>Supportive cues rarely required</li> <li>Exhibits a level of excellence/ sophistication with respect to an item.</li> </ul>

http://www.ansat.com.au/home/assessment-manual



Level of support	Description	Example
Supportive cues	When the supervisor provides support such as 'that's right' or 'keep going' or the learner is asking questions	Student states: "This is an S8 drug, we need to get that checked out of the cupboard by another nurse, don't we?"
Verbal cues	When the supervisor provides a verbal prompt to the learner	Supervisor states: "There is one more thing we need to check before giving this medication to the patient"
Physical cues	When the supervisor is required to demonstrate how to do a skill or task	Supervisor checks the ID band of the patient if the learner does not respond to the verbal cue

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### **PATIENT LOAD:**

A student having a patient load means, that they are taking the **FULL CARE** of the patient under supervision. This includes performing all vital observations, hygiene, medications, mobility, discussion with treating teams and written notes.

It is important that when recording the number of patients, the student has cared for, that this is taken into consideration. For example; by the end of the 1st week of placement a student should be taking full care of at least 2 patients. This number of patients then increases each week.

### **REGISTERED NURSES STANDARDS FOR PRACTICE:**

- 1. Thinks critically and analyses nursing practice.
- 2. Engages in therapeutic and professional relationships.
- 3. Maintains the capability for practice.
- 4. Comprehensively conducts assessments.
- 5. Develops a plan for nursing practice.
- 6. Provides safe, appropriate and responsive quality nursing practice.
- 7. Evaluates outcomes to inform nursing practice. https://www.nursingmidwiferyboard.gov.au/Codes-Guidelines-Statements/Professional-standards/registerednurse-standards-for-practice.aspx

### **GIBBS' REFLECTIVE CYCLE:**

Gibbs' Reflective Cycle was developed to give structure to learning from experiences and is perhaps one of the more commonly used reflective cycles for nurses. We encourage you to document your experience in your role as an undergraduate student nurse, and reflect on your feelings at this time as you start your transition in nursing.





### **GOALS**

Goals are to be written and sighted by CSN/Educator within 2 shifts of commencing your placement.

Use the following acronym to complete your goals:

- **S Specific** (simple, sensible, significant)
- M Measurable (meaningful, motivating)
- A Achievable (agreed, attainable)
- R Relevant (reasonable, realistic and resourced, resource based
- T Time bound (time-based, time limited, timely)

Overall goals – what would	you like to get out of this placement
1 <sup>st</sup> half of placement goals	What are you going to do to meet these?
Thail of placement goals	What are you going to do to meet these:
2 <sup>nd</sup> half of placement goals	What are you going to do to meet these?
Goals sighted and signed by CSN/Educator:	DATE:



### **EXAMPLE: DAILY WRITTEN FEEDBACK**

- Expected behaviours and practices performed. Continuous verbal & or priscal direction required.

  Expected behaviours and practices performed below the satisfactory standard. Frequently verbal & or physical direction process performed at a satisfactory/pass standard. Occasional supportive cues required. Expected behaviours and practices performed at a proficient standard. Infrequent supportive cue required. Expected behaviours and practices performed at an excellent standard. Supportive cue rarely required.

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### Day one

- Expected behaviours and practices performed. Continuous verbal & or priscal direction required.

  Expected behaviours and practices performed below the satisfactory standard. Frequently verbal & or physical direction process performed at a satisfactory/pass standard. Occasional supportive cues required. Expected behaviours and practices performed at a proficient standard. Infrequent supportive cue required. Expected behaviours and practices performed at an excellent standard. Supportive cue rarely required. sical direction required.

Date:	Preceptor:				cept	or			<u>Student</u>					
	No. of patient's stud	ent has primary c	are of:	1	2	3	4	5	1	2	3	4	5	
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### Day two

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### Day three

- Expected behaviours and practices performed. Continuous verbal & or priscal direction required.

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	No. of patient's stud	lent has p	orimary ca	are of:	1	2	3	4	5	1	2	3	4	5
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### Day four

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Date:	Preceptor:	receptor:						<u>Preceptor</u> <u>Student</u>								
	No. of patient's stud	dent has	s primary c	are of:	1	2	3	4	5	1	2	3	4	5		
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### Day five

- Expected behaviours and practices performed. Continuous verbal & or priscal direction required.

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### Day six

- Expected behaviours and practices performed. Continuous verbal & or priscal direction required.

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Date:	Preceptor:		<u>Preceptor</u> <u>Student</u>										
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### Day seven

- Expected behaviours and practices performed. Continuous verbal & or priscal direction required.

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Date:	Preceptor:		<u>Preceptor</u> <u>Student</u>											
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### Day eight

- Expected behaviours and practices performed. Continuous verbal & or priscal direction required.

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Date:	Preceptor:				<u>Preceptor</u>					<u>Student</u>						
	No. of patient's student has primary care of:								5	1	2	3	4	5		
Standard 1: T	hinks Critically and Ar	alyses l	Nursing Pro	ıctice												
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scoring 1 or 2)																



### Day nine

- Expected behaviours and practices performed. Continuous verbal & or physical direction required.

  Expected behaviours and practices performed below the satisfactory standard. Frequently verbal & or physical direction required.

  Expected behaviours and practices performed at a satisfactory/pass standard. Occasional supportive cues required.

  Expected behaviours and practices performed at a proficient standard. Infrequent supportive cue required.

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Date:	Preceptor:				<u>Preceptor</u> <u>Stude</u>						<u>iden</u>	<u>1t</u>				
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Standard 4: Comprehensively Conducts Assessments  Head-to-toe / systematic patient assessment  Interpretation and analysis of findings																
• Formulation for	relops a Plan for Nurs of plan of care for shi on of medical and allie	ft	• Consi	derations discharge												
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Standard 7: Eval • Reviews and re • Alters plan acco •	ordingly	• Cor term	Nursing Pronsideration impact an	for long												
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### Day ten

- sical direction required.
- Expected behaviours and practices performed. Continuous verbal & or priscal direction required.

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Standard 1: T	hinks Critically and Ar	alyses l	Nursing Pro	ıctice												
Respect and cultural sensitivity     Documentation																
Critical thinking & reasoning																
<ul> <li>Understar</li> </ul>	nding of patient & cona	ition														
Standard 2: E Relationships	ingages in Therapeutic	and Pr	ofessional													
_	<b>s</b> al interactions and bour	darios	• 10/1000	ov for												
	d collaboration with tec		<ul> <li>Advoca patient's</li> </ul>	-												
• Elaising and	a conaboration with tee	1111	patients	riccus												
Standard 3: M	laintains Capability fo	r Practio	ce													
• Self-directe	d learning															
• Accountable	ility for self and others															
Standard 4: 0	Comprehensively Cond	ucts Ass	sessments													
	oe/systematic patient															
	ition and analysis of find															
•																
Standard 5: D	Develops a Plan for Nui	sing Pro	actice													
• Formulation for	on of plan of care for sh	ift	• Consid	derations												
<ul> <li>Considera</li> </ul>	ition of medical and alli	ed healt	th needs	discharge												
Standard 6: P	Provides Safe, Appropri	ate and	l Responsiv	e Care												
	hin scope of practice	• Initio														
	propriate supervision	• Dele	egation of co	are												
• Time man	nagement															
Standard 7: E	valuates Outcomes to	Inform	Nursina Pro	actice												
• Reviews and			nsideration													
• Alters plan a	ccordingly		n impact ar													
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Unsatisfact	tory 🔲 Limite	d 🔲	Satisfa	-		Good		]		Exc	elle	nt 🗌	]			
Preceptor: who	at went well			Student: w	vhat v	vent	well									
Preceptors: are	eas for development (mu	st be con	npleted if	Student: a	reas 1	for de	evelo	pmei	nt							
scoring 1 or 2)																

### Participates in quality activities when possible (e.g. assists with clinical audit, journal club) THINKS CRITICALLY AND ANALYSES NURSING PRACTICE

- Complies and practices according to relevant legislation and local policy
- Follows policies and procedures of the facility/organisation e.g. workplace health and safety / infection control policies)
- Maintains patient/client confidentiality
- Arrives fit to work
- Calls appropriate personnel to report intended absence Arrives punctually and leaves at agreed time

Records information according to organisational guidelines

- Wears an identification badge and identifies self
  - Observes uniform/dress code
- Maintains appropriate professional boundaries with patients/clients and carers
- Uses an ethical framework to quide their decision making and practice
- Understands and respects patients'/clients' rights
- Greets others appropriately

members

Listens carefully and is sensitive to patient/client and carer

Introduces self to patient/client and other health care team

Communicates effectively to maintain personal and

RELATIONSHIPS

professional boundaries

**ENGAGES IN THERAPEUTIC AND PROFESSIONAL** 

Provides clear instructions in all activities

Refers patients/clients to a more senior staff member for

patient/clients

Seeks assistance to resolve situations involving

moral/ethical conflict

consent when appropriate

- mpairment, non-English speaking, cognitive impairment, Uses a range of communication strategies to optimise patient/client rapport and understanding (e.g. hearing consideration of non-verbal communication)
- of confidentiality, privacy and patient's/client's sensitivities manner and environment that demonstrates consideration Communication with patient/client is conducted in a
- Collaborates with health care team and others to share knowledge that promotes person-centred care Demonstrates positive and productive working

(including Aboriginal & Torres Strait Islander) preference

Demonstrates respect for individual and cultural

Understands and respects individual and cultural diversity

Practices sensitively in the cultural context

and differences

Involves family/others appropriately to ensure

cultural/spiritual needs are met

- Uses knowledge of other health care team roles to develop relationships with colleagues collegial networks
- Demonstrates a collaborative approach to practice
- Identifies appropriate educational resources (including other health professionals)
- Prioritises safety problems

- Participates as an active member of the healthcare team to achieve optimum health outcomes
  - Collaborates with the health care team and patient/client to achieve optimal outcomes
- Contributes appropriately in team meetings

Maintains the use of clear and accurate documentation

Shares evidence with others

Writes legibly and accurately (e.g. correct spelling,

approved abbreviations)

and local policy

Uses suitable language and avoids jargon

- Maintains effective communication with clinical supervisors and peers
- Works collaboratively and respectfully with support staff
- Demonstrates respect for a person's rights and wishes and advocates on their behalf

Advocates for the patient/client when dealing with other

- Identifies and explains practices which conflict with the health care teams
  - Uses available resources in a reasonable manner rights/wishes of individuals/groups
- Ensures privacy and confidentiality in the provision of care

### MAINTAINS THE CAPABILITY FOR PRACTICE

- Demonstrates commitment to lifelong learning of self and others e.
- Links course learning outcomes to own identified learning needs
  - Seeks support from others in identifying learning needs
- Seeks and engages a diverse range of experiences to develop professional skills and knowledge
  - Supports and encourages the learning of others
- Reflects on practice and responds to feedback for continuing professional development
- Plans professional development based on reflection of own Reflects on activities completed to inform practice
  - Keeps written record of professional development practice
- Incorporates formal and informal feedback from colleagues into practice activities
- Demonstrates skills in health education to enable people to make decisions and take action about their health
  - Assists patients/clients and carers to identify reliable and accurate health information





Sources and critically evaluates relevant literature and

Clarifies understanding and application of evidence with

Applies evidence to clinical practice appropriately

ANSAT Behavioural Cues\_190617

peers or other relevant staff

guidelines and systematic reviews, databases, texts)

Locates relevant current evidence (e.g. clinical practice

research evidence to deliver quality practice

Responds effectively to rapidly changing patient/client

situations

Uses resources effectively and efficiently

- Patient/client care is based on knowledge and clinical
- Refers concerns to relevant health professionals to facilitate health care decisions/delivery
- Provides information using a range of strategies that demonstrate consideration of patient/client needs
  - Prepares environment for patient/client education including necessary equipment
- modifies approach to suit patient/client age group, uses Demonstrates skill in patient/client education (e.g. principles of adult learning)
- Educates the patient/client in self-evaluation
- Recognises and takes appropriate action when capability for own practice is impaired
  - identifies when own/other's health/well-being affect safe practice
- Advises appropriate staff of circumstances that may impair adequate work performance
  - Demonstrates appropriate self-care and other support strategies (e.g. stress management)
- Demonstrates accountability for decisions and actions appropriate to their role
- Provides care that ensures patient/client safety
- Provides rationales for care delivery and/or omissions
- Sources information to perform within role in a safe and ntebilled manner
- Complies with recognised standards of practice

## COMPREHENSIVELY CONDUCTS ASSESSMENTS

- Completes comprehensive and systematic assessments usina appropriate and available sources
- Questions effectively to gain appropriate information Politely controls the assessment to obtain relevant
- Responds appropriately to important patient/client cues information
- Demonstrates sensitive and appropriate physical Completes assessment in acceptable time
- Encourages patients/clients to provide complete techniques during the assessment process

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information without embarrassment or hesitation https://www.cdu.edu.au/sites/default/files/health/docs/ansat\_behavioural\_cues.pdf

- Accurately analyses and interprets assessment data to
- Prioritises important assessment findings
- health care strategies (e.g. compares findings to normal) Demonstrates application of knowledge to selection of
- accessing other information, medical records, test results Seeks and interprets supplementary information, (e.g. as appropriate)
- Structures systematic, safe and goal oriented health care accommodating any limitations imposed by patient's/client's health status

Seeks clarification when directions/decisions are unclear

scope of practice

Identifies areas of own or other's practice that require

Recognises unexpected outcomes and responds

appropriately

direct/indirect supervision

Accepts and delegates care according to own or other's

within their role and scope of practice

Provides effective supervision and delegates safely

### **DEVELOPS A PLAN FOR NURSING PRACTICE**

Collaboratively constructs a plan informed by the patient/client assessment

Recognise and responds to practice that may be below expected organisational, legal or regulatory standards

- Uses assessment data and best available evidence to construct a plan
- standard (e.g. patient/client record, care planner and Completes relevant documentation to the required assessment, statistical information)

Clarifies care delivery which may appear inappropriate

Identifies and responds to incidents of unsafe or

unprofessional practice

**EVALUATES OUTCOMES TO INFORM NURSING** 

PRACTICE

- procedures (e.g. pain medication, wound care, allied health Considers organisation of planned care in relation to other therapies, other interventions)
- others/health care team to achieve expected outcomes Plans care in partnership with individuals/significant
  - Collaborates with the patient/client to prioritise and formulate short and long term goals
- Formulates goals that are specific, measurable, achievable and relevant, with specified timeframe

Records and communicates patient/client outcomes where

care delivery

appropriate

outcomes in consultation with relevant health care team

Modifies plan according to evaluation of goals and

Updates care plans/documentation to reflect changes in

Uses appropriate resources to evaluate effectiveness of

planned care/treatment

Questions patient/client or caregiver to confirm level of

understanding

care

and others

Monitors patient/client safety and outcomes during health

Begins discharge planning in collaboration with the health

Refers patient/client on to other professional/s

outcomes

care team at the time of the initial episode of care

Monitors progress towards expected goals and health

Advises patient/client about the effects of health care

### PROVIDES SAFE, APPROPRIATE AND RESPONSIVE QUALITY NURSING PRACTICE

- Performs health care interventions at appropriate and safe Delivers safe and effective care within their scope of practice to meet outcomes
- Complies with workplace guidelines on patient/client standard
- Monitors patient/client safety during assessment and care

cdu.edu.au/sites/default/files/health/docs/ansat\_behavioural\_cues.pdf







### **NOTES**

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# THANK YOU FOR COMPLETING YOUR PLACEMENT AT MILDURA BASE PUBLIC HOSPITAL

Please show this to your Nurse Educator or Clinical Support Nurse at the middle and end of your clinical placement. You can then keep this booklet for your records.

We hope you enjoyed your placement with us.

Please complete the following feedback survey.

