# MBPH@HOME

# Geriatric Evaluation & Management (GEM)



## What is GEM?

The Geriatric Evaluation and Management Program provides aged care rehabilitation services to older people following an illness or injury. Our aim is to support recovery, help patients achieve the best possible level of health and function and reduce the time spent in hospital.

## What can I expect from GEM?

The GEM team includes geriatrician, nursing, pharmacist, physiotherapist, occupational therapist and social worker. The GEM program is from one to four weeks duration. On admission to GEM you will receive a comprehensive assessment that involves different members of the GEM team. Your carer or family may also be involved. This assessment will assist in you and the GEM team identifying "**what is important to you**" and establishing your treatment plan and when you can expect to be discharged from the program.

#### Will I need to pay?

There are no fees associated with the GEM program in hospital or GEM@Home and all medication and necessary medical or physical equipment are provided to you for the duration of the program.

#### GEM@Home

The GEM program is provided in the hospital but can also be provided at home for patients who are assessed as suitable for home-based care. It is possible to receive part of your GEM care in hospital and part of your care with GEM@Home.

Following your GEM assessment, the GEM@Home team will work with you to establish your goals and treatment plan and agree with you on a schedule of home visits from the GEM team. You will generally be visited daily, based upon the treatment plan that you and your family/carer have planned with the GEM team.

**MBPH Ward 4 Reception** 

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